



Seamless
MHPSS

PROTOTYPE B

APRIL 2021

The Youth Together Initiative is a group of local and international organisations providing support and information to young people during and after migration. Organisations can join the initiative after being checked to ensure they are a legitimate organisation providing good quality services. Being part of the initiative would provide youth and their families with an easy way to identify if they can trust an organisation. A description of how the initiative would work is shown on the next page.

Youth would come in contact with the initiative either through the website or a local or international organisation linked to the initiative. Organisations would continue to provide the services they already do but would also receive training in how to support youth in dealing with difficult experiences and feelings. They would also be able to connect youth with a peer support group. This is an online space where young people to connect with each other, share their experiences and support each other in a safe environment supported by trained counsellors. Youth would have access to this through their youth account on the initiative website.

Once this system is running smoothly, additional services will be made available:

MIGRANT SUPPORT

- backpack or website version (through creation of user ID to verify youth migrant status - via code from local/international organisations)
- information on available services
- language basics
- information on how to talk about experiences and feelings with friends and family
- stories from other youth about their experience of migration
- inclusion of SIM card to provide access to internet and initiative services (backpack only)
- pens and paper (backpack only)

VIRTUAL COUNSELLING

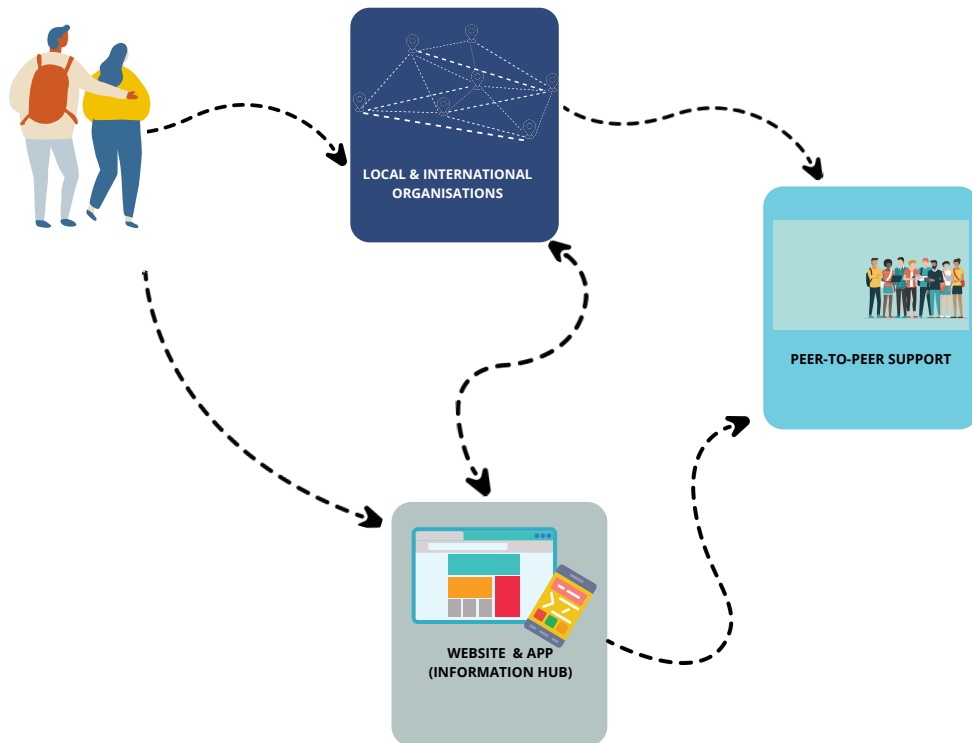
- available outside office hours
- youth referred for counselling by local organisations or peer support MHPSS counsellors
- link to physical services
- possibly provided by local organisations (or in partnership with them)
- ongoing provider training, support and supervision

STORY SHARING (LISTENING STATIONS)

- curated stories of migration and its impact as told by youth
- option to record one's own story for anonymous inclusion in the story library
- physical pop-up locations along migration routes and in destination locations
- stories also available on social media (e.g. Twitter, Instagram, Tiktok) and initiative website

Thank you for reading our report on how to improve Seamless MHPSS Cross Border Care. We would appreciate if you would take a couple of minutes to provide some feedback on the prototype using the link below.

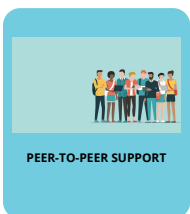
<https://yturkey.chat.upinion.com/>



- virtual and physical platform for organisations to support each other and share experiences/expertise
- increase ease of referrals
- MHPSS training (incentive to join initiative)
- link to peer-to-peer support and virtual counselling
- organisations vetted for joining to ensure they meet a minimum quality of service



- youth friendly, up-to-date information on relevant services and events
- mobile friendly format with app to allow information to be viewed offline
- links with social media (e.g. Twitter, Instagram, Tiktok)
- link youth and families to local and international organisations
- youth reviews of services (through creation of user ID to verify youth migrant status - via code from local/international organisations)
- virtual connection of organisations to share information on services provided
- virtual connection to existing, relevant online services (e.g. dulingo)



- secure online portal for youth sharing and support (through creation of user ID to verify youth migrant status - via code from local/international organisations)
- youth trained in psychological first aid at time of joining
- groups facilitated by trained MHPSS counsellors (sensitive to cultural issues)
- link to physical services to allow youth to meet each other
- support social networks in destination locations

Additional components to add in future

